



# R.T.C. B.Ed. COLLEGE

P.H.E.D. BUTI, RANCHI - 834009, JHARKHAND

NAAC Accredited with 'B' Grade & An ISO 9001:2015 Certified Institute

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Ref. No. : .....

Date: .....

## BEST PRACTICE – 1

### 1. The Title:

Wellness and Hygiene

### 2. Objectives of the Practice:

- To enhance health awareness and skill building among students through healthy environment.
- To create awareness about the health status of the staff and students in the campus.
- To provide counselling for the various health problems of the respondent by doctor.
- To promote awareness about food safety.

### 3. The Context:

In the present age, there has been a threat to the physical and mental health of people due to different life styles of people. We have felt it necessary to empower students by holding programmes of health and hygiene awareness. The college has NSS unit which look after such activities all through the year.

### 4. The Practice:

There is a need to train them to take at most care of their health and hygiene. The health center and to NSS unit organize lectures, workshops, health camp for the students of the college. They are also learning lessons of cleanliness during various programmes held by the college.

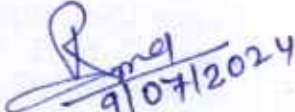
### Evidence of Success:

- Programmes conducted by NSS unit.
- Programmes conducted by health center.
- The Rally for cleanliness awareness was organized by B.Ed. students.

### 5. Problems encountered and resource required:

- Additional resources can strengthen the activity.
- Need of active participation of student.



  
9/07/2024  
Principal (In-Charge)  
R.T.C., B.Ed. College  
P.H.E.D, Buti, Ranchi  
Jharkhand-834009

(Recognized by NCTE(ERC), Bhubneshwer, vide letter No. ERC/7-168.6.19/NCTE/D.El.Ed.

Additional Course/2014/23862, Dated 12.02.2014) (Affiliated to Jharkhand Academic Council, Ranchi, Jharkhand)

(Managed by Gramvasi Alpasankhayak Vidya Vardhani Samiti, P.H.E.D., Buti -

BIHAR Reg. No. 191/1978-79, JHARKHAND Reg. No. 355/2006-07)

## BEST PRACTICE – 2

### 1. The Title:

Plantation Programme

### 2. Objectives of the practice:

- a) To enhance the values of plants and environment among the student's tree plantation drive for different fruits and other medical plants and rare trees.
- b) To provide much needed shades on campus during summer.
- c) To generate awareness among students about benefits of planting trees.

### 3. The context:

The very noble objective of "Tree Plantation Program is to save our planet and mother earth by plantation work" by following points:

- i) To include the program of plantation can the climate and during fresher's day each and every 1<sup>st</sup> year students are given free saplings to grow more plants.

### 4. The Practice:

It is the important duty of students to plant more and more trees, herbs and climates because there are the carries of rain and cloud. This types of programme is only possible when one new generation become more and more sincere and active towards Tree plantation program.

### Evidence of Success:

Currently we are having sufficient trees planted and it is well grown. This is the evidence of success and we have made very sincere tree plantation and this plantation work provoke the students and inspired them to go quickly on the path of plantation for the balance of the nature and up-gradation of environment.

### 5. Problem encountered and resource required:

Due to some heavy rainfall trees branches are broken and few students avoid the programme and deny such activities, but our experienced faculties convinced them and ultimately, they agreed for plantation work for the next year. The senior students convince the junior students to participate in this programme which has been a success.



*R. Singh*  
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